

Rubber Hardness Selection Guide

Durometer

Durometer is the international standard for measuring the hardness of rubber, plastic, and most nonmetallic materials. The hardness of a material is its resistance to surface penetration. Harder materials have more wear resistance, but they are also less flexible. Note that an object may fall within more than one scale. For example, a typical shoe heel is 95 Shore OO, 70 Shore A, and 22 Shore D durometer.

